

# “Help! I’m a parent of a deviceKid!”

## Your 5 week Program Outline

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### **MODULE 1: Yep! Parenting just got harder. Be committed.**

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- Session 1** Welcome to the program. Let’s get started.
- Session 2** The challenges of raising a child in a 2D world.
- Session 3** Parents use devices differently ...  
but children don’t necessarily know that.
- Session 4** Children use devices differently to us and it means  
a lot more to them!
- Session 5** Let’s be candid ... hope is NOT the same as trust!

### **MODULE 2: The 5 key drivers of your tween. Be aware.**

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- Session 6** *“I am here!”* The need to belong.
- Session 7** *“Let’s be friends!”* The need to connect.
- Session 8** *“Hey what about me?”* The need for validation.
- Session 9** *“I trust you.”* The need to be respected.
- Session 10** *“Am I okay?”* The need for self-esteem.

### **MODULE 3: Your teen’s world immersed. Be responsible.**

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- Session 11** *“I mean it!”* The need to be taken seriously.
- Session 12** *“I want to be part of something bigger.”* Something to believe in.
- Session 13** *“I want to be desired.”* The need to feel special. *(Explicit content)*
- Session 14** *“I am curious about sex.”* The need to know more. *(Explicit content)*
- Session 15** *“I know how to have sex.”* The need to satisfy expectation. *(Explicit content)*

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### **MODULE 4: The world in which we live. Be brave.**

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**Session 16** The sensation generation. Starting from the tip of their thumbs!

**Session 17** It’s free to use, so how do companies earn so much?

**Session 18** How do these corporations draw us in and keep us there?

**Session 19** Privacy, publicity & digital footprints.

**Session 20** Why isn’t the government creating laws to protect us? *(Explicit content)*

### **MODULE 5: Navigating your *deviceKid* effectively. Have vision.**

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**Session 21** Taking back the reins. Towards gain, away from pain.

**Session 22** Controlling the first action. Inciting a chain reaction.

**Session 23** Looking beyond the device. The power of presence.

**Session 24** From little things big things grow. The device distraction.

**Session 25** You have resolved the gaps! Be confident.